



WOODBROOK VALE SCHOOL

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Dear Parent/Carer

Anti-Bullying Week 12 to 16 November 2018

The Department for Education defines bullying as “behaviour by an individual or group, repeatedly over time, that intentionally hurts another individual or group”. Bullying can take many forms, including: physical, verbal, psychological and cyber. Sadly, bullying takes place in all communities. Bullying can impact a victim’s attainment, attendance, confidence and self-esteem and can have a lifelong negative impact on their lives.

The theme for this year’s Anti-Bullying week is to “Choose Respect” over bullying. Nationally this week aims to support schools and other settings to help children, young people, school staff, parents and other professionals who work with children to understand:

- the definition of respect
- that bullying is a behaviour choice
- that we can respectfully disagree with each other i.e. we don’t have to be best friends or always agree with each other but we do have to respect each other
- that we all need to choose to respect each other both face to face and online.

At Woodbrook Vale School we are committed to provide a safe and secure community where everyone is treated fairly. No one in our community has the right to be hurtful towards others. If bullying does occur, students should report this through Tellbytext, or by telling a friend, a peer mediator, mentor/prefect, a trusted adult in school or a parent, and be confident that incidents will be dealt with promptly.

Already this academic year a number of activities have taken place, or are about to take place, with the aim of raising awareness of bullying and strengthening the school’s anti-bullying work. These events/activities include:

- a weekly quote for students to reflect on individually/in a group about how it applies to their lives.
- “Choose Respect” wristbands will be available to purchase for £1.00 from 29 October until 16 November during tutor time. These wristbands may be worn in school.
- assemblies and Personal Development lessons during Anti-Bullying week will be based on the theme of “Choose Respect” and “Anti-Bullying”.
- Some cross-curricular lessons will take place linking school subjects and “Choose Respect” during Anti-Bullying week.



- “Odd Socks Day” will be held on **Monday 12 November**. On this day students and staff will be invited to wear odd socks to school to give the opportunity for them to express themselves and appreciate individuality and uniqueness.
- “New Kings Order”, a British boyband who will be supporting Jess Glynne later this year, will be performing and then following this with a mental health, online safety and cyber-bullying presentation on **Tuesday 13 November** to all students.
- “Stop, Speak, Support” Cyberbullying Day will be held on **Thursday 15 November** raising awareness of what students should do if they see Cyberbullying.
- There will be an opportunity for students to complete an Anti-Bullying survey which will help us to inform and enhance the school’s Anti-Bullying work.

For your reference, Woodbrook Vale School’s updated Anti-Bullying Policy can be found on our website in the Anti-Bullying section in the parents’ drop down menu. If you have any concerns about bullying, please contact your child’s form tutor, Head of Year or report an incident using Tellbytext.

Yours faithfully



Jodi Short
Anti-Bullying Champion

