

The Futures Award has seven areas to focus on; Resilience, Community, Leadership, Initiative, Communication, Health and Careers.

Below is just one of those areas and one task for you to attempt before you join us which can count towards your award.



Being a citizen and a community member means developing your sense of belonging to your school and organisations in your local area, in your country and in the world. You know what your rights are, but also you know what your responsibilities are.

"Not everything that counts can be counted. And not everything that can be counted, counts." Albert Einstein

### ACTIVITY:

✓ Think about how you can/have helped someone in your community (e.g: shopping for an elderly neighbour during lockdown. Assisting with their garden prior to lockdown). Now create a poster about what you did/will do. Below is a tick list of information to include in your poster.

- Include a definition for 'community'
- Explain in detail what you did and why.
- How did/could this come about? How did/could it help them?
- Contain drawn pictures to support the information.
- Include personal attributes that you needed to help that person (e.g patience, kindness, trusting)
- Include the best parts about helping someone- did you gain anything from this? What have you learnt?
- Include key words; Humility and respect.



